



Seven Aspects of Reflective Practice

Climate Building --- Creating an environment in which there is a sense of safety and respect, supportive of a collaborative relationship among all participants.

Questioning --- Asking questions that help identify assumptions, clarify thoughts, and develop fair and balanced expectations.

Listening --- Skillful listening to others mental models, wants, assumptions, and values.

Focusing --- Seeing and hearing what each other says and how they say it, moment to moment, individually and jointly.

Thinking --- Identifying and suspending one's own frames, assumptions, values, and biases, in order to understand one's own and others viewpoints and behaviors.

Acting --- Taking next steps based on critical reflection of one's own and others' thoughts, feelings, and actions.

Facilitating --- Enabling conditions that create and sustain dialogue.

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